

# Glen Eden Goes Gold

## Free event for Gold Card Holders

Thursday 1 October (International Day of the Older Person)

Event: 10.30am - 1.30pm

Glenora Rugby League Club

To register email: [kaylindley@xtra.co.nz](mailto:kaylindley@xtra.co.nz) or  
Register at Glen Eden Library by 28 September

The Greater Glen Eden group celebrates its 5th birthday with an event acknowledging Glen Eden Gold Card residents.

A fun-filled day with local shops giving **Gold Card Specials** and **50 lucky Gold Card Holders** will have the opportunity to participate in an event at Glenora Rugby League Club from 10.30am to 1.30pm including a delicious lunch of Butter Chicken (or a vegetarian dish) and rice.

### Sponsors:

- \*Greater Glen Eden
- \*Waitakere Ranges Local Board
- \*Glenora Rugby League Club
- \*Little India Restaurant
- \*Fleetwood Printing
- \*HealthWest
- \*Massey University
- \*Ulysses Club
- \*WDHB Bowel Screening Pilot
- \*Serenity Beauty
- \*Brett Hannah
- \*Sport Waitakere
- \*Waitakere City School of Dance
- \*Arabesque Dancers
- \*Laughter Yoga Association
- \*Musicwiz Entertainment



## Things to Do

**Motorbike Rides**  
with the Ulysses Club

**Karaoke**  
with Musicwiz Entertainment

**Senior Hip Hop**  
with Courtney (WCSD)

**Arabesque Belly Dancing**  
with Arabesque Dancers

**Laughter Yoga**  
with the Laughter Yoga Association

**A date with dietitians**  
with Massey University  
Dietetic Students

**Diabetes Made Easy**  
with HealthWest

**Blood Pressure Checks**  
with Procure

**Text & take cell  
phone photos like your  
grandchildren**  
with Glen Eden Library

**Seated Massage &  
Manicures**  
with Serenity Beauty

**Reflexology & foot  
massage**  
with Brett Hannah

## Shops Offering Gold Card Discounts on 1 October

Glen Eden Optometrist  
Chris Outdoors  
Paris Angel Hair  
Rosie's Recycled Clothing  
Servisal  
Stop n Shop  
Top Well Bakery  
Hammer Hardware  
Pet Shop Boyz  
Glen Eden RSA  
Westview Pharmacy

Glen Eden Drycleaners  
Modern Health  
Eden Sushi  
Mad Butcher  
Radiant Café  
Tobys Fish Shop  
Unichem Pharmacy  
Ghazal Indian Restaurant  
Hollings Pharmacy  
Crafty Baker